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General Information and Resources: Weber and Morgan Counties 2015

The Adoption Exchange

Toll-Free: 1-866-872-7212

Phone Number: (801)265-0444

Website: www.utahadopt.org
www.adoptex.org

The Adoption Exchange website contains information and resources for pre through post adoption services for each region of Utah.

Newsletter: *Adoption Connection Newsletter*

The newsletter is sent each quarter to all DCFS adoptive families receiving subsidy. It contains current Utah specific information regarding resources and adoption issues.

Other Programs:

-The Lending Library is available to all with no charge. It can be accessed at www.utahadopt.org. There are over 1,000 titles to choose from including books and videos.

-Utah Cares at www.uw.org/211 has many human service resources throughout Utah. To contact them by telephone call 211.

Support Groups

Cluster Groups:

Level III Cluster Group:

Contact Jill by email at jillybeanner@hotmail.com

Ogden:

Contact Amber at (801) 814-5693

Weber West:

Contact Suzy at (801) 882-9460

Adoption Cluster:

Contact Maegan at (801) 392-1114

Post-Adoption Cluster

A Post-adoption Cluster is now available in the Ogden area. It is taught by the DCFS Post-

Adoption Team. Any one that is considering adoption or is just about through the process may attend.

*For a current list of Cluster group facilitators and group activities call the Utah Foster Care Foundation at 435-636-0210 or visit their website at www.utahfostercare.org.

Specialized Groups:

Archway Youth Service Center

Due to budget cuts, Archway Youth Service Center no longer offers classes. Call for more information.

Phone Number: (801)778-6500.

Children and Adults with Attention-Deficit/Hyperactivity Disorder

CHADD provides support and education for parents of youth who are diagnosed with Attention Deficit Disorder.

Website: www.chaddofutah.com

Family Support Center

Parent Education is offered at Family Support Center of Ogden. Step-parent classes are offered for youth, teens, and adults.

Phone Number: 801-393-3113

Website: www.fscogden.org

Utah Foster/Adoptive Families Association

The Utah Foster/ Adoptive Family Association focuses on advocacy and support for foster and adoptive families.

Utah's Parent Information & Resource Center

PIRC, a part of Utah Family Partnership Network, has classes, books, videos and other resources for parents and children.

Contact: Renae Creager, Director

Weber County Phone Number: (801)452-4256

Website: www.ufpn.org.

Children's Support Groups:

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Center for Grieving Children

A Center for Grieving Children has support groups for grieving children in South Ogden. They have groups specifically for children who are or have been in foster care.

Contact: Barbara Norris

Phone Number: (801)476-1127.

Website: www.familysummit.org

Treehouse Museum

The Treehouse Museum has cultural, theater, and art classes for children.

Phone Number: (801)394-9663

Website: www.treehousemuseum.org

Eccles Community Art Center

Eccles Community Art Center offers art and dance classes for children.

Contact: (801)392-6935

Website: www.ogden4arts.org

GAP: There are no known regularly scheduled support groups for children who have been adopted.

Culture Groups:

- Cinco de Mayo in May is a community celebration in Ogden.
- Juneteenth is celebrated in Ogden. For more information call the Marshall White Center at 801-629-8346.
- Check with your agency to see what they offer. Many of the cultural groups are now meeting with the agency that they adopted through. They feature different activities for adoptive families to get involved in.
- There is also a Facebook group for transracial families living in Utah.
- Other good places to find information about culture groups include: checking the internet for yahoo groups and blogs that feature the culture you are looking for.
- There is also a Facebook group for transracial families living in Utah.

Domino Foundation

Domino Foundation supports transracial families.

Website: www.dominofoundation.org

Email: info@dominofoundation.org

African Drumming and Music

Students learn basic djembe playing techniques, traditional polyrhythms, songs, and culture from West Africa in a weekly 55 minute class. Drums are provided for each class. \$35 per month.

Website: www.AfricaHeartwoodProject.org

Contact: andy@africaheartwoodproject.org

Adoptive Families Circle

Adoptive Families Circle offers a number of support groups for families looking for support from a specific area of the country.

Website: www.adoptivefamiliescircle.com

(Under 'Groups,' you can find support groups varying from international, domestic and foster care adoptions.)

Respite Care

Helpful Hints:

- Informal supports such as relatives, friends, or church members are used for respite care by most parents in Carbon and Emery Counties.
- Common activities such as scouts, sports, and church activities can provide regular breaks for parents while their children are involved in the programs. They have activities like: soccer, little jazz basketball, baseball, softball, volleyball, in which many parents are given breaks while other parents participate with the children.
- Cluster Group members have exchanged respite care for each other. Cluster group members are familiar to the family. The care is provided by a cluster member who may have experience with children with similar behaviors. (Adoptive parents would have to get a Respite Care license if they wanted to be available for respite care exchange with foster parents.)

1- 4 Hour Scheduled Respite:

Family Support Center

Family Support Center of Ogden has an in-home respite care program specifically designed for DCFS adoptive families throughout Northern Utah. They provide hourly respite care in the adoptive family's home for all the children in the family. The respite caregivers are mature and can deal with children with special needs. They received some training in adoption issues. The cost is \$5 per hour. They also have a "Date Night" respite care program at their agency on a Friday evening (once a month) from 5-9 pm.

Phone Number: (801)393-3113

Website: www.fscogden.org

The Child Care Resource & Referral, Northern Region

-Many parents use child care to give them regular respite from the demands of raising their children. The Child Care Resource & Referral, Northern Region has a computerized data base of all the licensed child care in Weber, Morgan, and Davis Counties. There are child care providers who provide child care after school, on a drop-in basis, and provide summer programs. Some of these programs accommodate children up to ages 12 or 13. A parent can arrange daily after school or summer programs or can arrange 1-4 days a week. Part time care will be easier to find if you are flexible with your hours. Many elementary and junior high schools have after school programs. Programs such as Boys and Girls Club for elementary school youth in Roy and Youth Impact after school program in Ogden are part of the choices found through CCR&R, Northern. Parents need to contact Youth Impact directly if they want their children to participate in Youth Impact programs. CCR&R Northern also offers training for child care providers designed to help them better understand child development and positive guidance. Ask your provider if they are aware of or have participated in these classes. The cost of child care varies with each provider. - CCR&R Northern also produces an annual Summer Activity Guide in May.

Phone Number: (801)626-7837 or 1-888-970-

0101

Website: www.weber.edu/ccrr.

Big Brothers Big Sisters

Mentor programs can provide breaks for parents while their children are involved with their mentors. Big Brothers Big Sisters matches mentors with children from single parent families.

Phone Number: (801)395-2447

Website:

www.bbbs.org/site/c.enJCKINqFqG/b.5073279/k.F0AC/Home_page.htm.

Family Support Centers

Family Support Centers of Ogden will schedule respite care at their facility for children who range in age from infancy through 11 years old. Respite care is available based on space at the time of the request.

Phone Number: (801)393-3113

Website: www.fscogden.org.

Day Breaks:

Family Support Center

-Family Support Center of Ogden has an in-home respite care program specifically designed for DCFS adoptive families throughout Northern Utah. They provide hourly respite care in the adoptive family's home for all the children in the family. The respite caregivers are mature and can deal with children with special needs. They received some training in adoption issues. The cost is \$5 per hour. They also have a "Date Night" respite care program at their agency on a Friday evening (once a month) from 5-9pm.

-The Family Support Center will also schedule respite care at their facility for children who range in age from infancy through 11 years old. Respite care is available based on space at the time of the request.

Phone Number: (801)393-3113

Website: www.fscogden.org

Ogden-Weber Community Action Partnership, Inc.

Ogden-Weber Community Action Partnership, Inc. is a comprehensive child development

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program designed to meet the educational, emotional, social, and health needs of children and families.. Parents can have a break while the child is at school. Age range for children has to be between 0-4 years.

Phone Number: (801)399-9281

Child Care Resource & Referral Program, Northern Region

-Limited child care is available on Saturdays and parents may find child care available during school breaks. The Child Care Resource & Referral program, Northern Region (CCR&R, Northern) has a computerized data base of all the licensed child care in Weber, Morgan, and Davis Counties. A referral specialist can put your needs into the computer and match them to providers and create a list of names for you to contact. CCR&R Northern's services are free. The cost of child care varies with each provider.

- CCR&R Northern also produces an annual Summer Activity Guide in May.

Phone Number: (801)626-7837 or 1-888-970-0101

Website: www.weber.edu/ccrr.

Overnight Breaks - Weekend Breaks:

Family Support Center

Family Support Center of Ogden will schedule respite care at their facility for children who range in age from infancy through 11 years old. Respite care is available based on space at the time of the request. A parent may schedule from 1-72 hours. Weekends are often unavailable for scheduled respite care however, as the nursery is full with children who have crisis situations.

Phone Number: (801)393-3113

Website: www.fscogden.org.

Immediate Crisis Respite:

Family Support Centers

Family Support Centers were established to provide immediate crisis respite care for up to 72 hours for children who range in age from infancy

through 11 years old.

Phone Number: (801)393-3113

Website: www.fscogden.org.

Archway Youth Service Center

Archway Youth Service Center can provide immediate crisis respite for up to 24 hours while the family works out a plan with the Archway staff. The services are for youth ages 12 - 17 years old.

Phone Number: (801)778-6500.

Mental Health Services

Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence

FASD Center has an online website that provides families with resources and support groups. They provide online webinars and courses to help train and educate parents as well as facilitate lives for those affected by FASD.

Phone Number: 1-866-786-7327

Website: <http://www.fasdcenter.samhsa.gov>

The National Alliance on Mental Illness

The National Alliance on Mental Illness (NAMI) Utah's mission is to ensure the dignity and improve the lives of those who live with mental illness and their families through support, education and advocacy. NAMI can be contacted for more information on support groups, classes and other services.

Phone Number: (801)-625-3714

Website: www.namiut.org

Counselors Who Specialize in Adoption:

Weber Mental Health Center

Weber Mental Health Center- the Medicaid provider in Weber and Morgan Counties- has therapists who specialize in foster and adoption issues. Weber Mental Health Center is open to training and educational opportunities for their therapists to become more specialized in adoption issues.

Phone Number: (801)625-3700.

*Note: Therapists would be willing to coordinate

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services with an adoptive parent peer-mentor in working for a Response Team Model approach.

Family Focused Treatment:

Weber Mental Health Center

-Weber Mental Health Center - the Medicaid - provider - does provide family therapy focus.
-Weber Mental Health also has a Parent and Child group. It focuses on communication and relationships skills.

Phone Number: (801)625-3700.

DCFS

DCFS Family Preservation services are whole family focused, however, Family Preservation is an intensive, short-term model for families who are in danger of having a child return to DCFS custody or are considering disrupting or dissolving their adoption.

Contact: Stephanie Murphy

Phone Number: (801)776-7404

Contact: Jeanna O'Connor

Phone Number: (801)395-5973.

Home-Based:

Archway Youth Service Center

Archway Youth Service Center provides in-home counseling for the whole family to help resolve problems with teenage youth in the family.

Phone Number: (801)778-6500.

DCFS

DCFS Family Preservation services are a home-based, whole family focused class. Family Preservation is an intensive, short-term model for families who are in danger of having a child return to DCFS custody or are considering disrupting or dissolving their adoption.

Respond Within 24 Hours to Crisis:

Weber Mental Health Center

Weber Mental Health Center - the Medicaid provider - has a 24-hour crisis line for families and the crisis worker can try to reach a therapist if the family is involved with a Weber Mental

Health therapist.

Phone Number: (801)625-3700

Archway Youth Service Center

Archway Youth Service Center has a 24-hour crisis line for families who need immediate assistance with a teenage youth.

Phone Number: (801)778-6500

Family Preservation:

Weber Mental Health Center

Weber Mental Health Center- the Medicaid provider in Weber and Morgan Counties- has therapists who specialize in foster and adoption issues.

Phone Number: (801)625-3700

DCFS

DCFS has Family Preservation services. These services are conducted in the family's home. They are short-term, intensive services for families who are in danger of having a child return to DCFS custody or are considering disrupting or dissolving.

*Note: The DCFS Post Adoption therapist, Stephanie Murphy or Jeanna O'Connor, would be open to working with an adoptive parent as an adoptive parent peer-mentor for a Response Team Model.

After School and School Treatment Programs:

Weber Mental Health

-Weber Mental Health conducts several therapeutic groups for youth at their facility.

-They also have a Latency Day Treatment Program for children between the ages of 6 through 11 years old. The program has a school experience, an intensive level of structure and supervision, and individual, family and group therapy.

- Weber Mental Health also has a Youth Day Treatment Program for severely emotionally disturbed youth between the ages of 12 through 18 years of age. The program has a school experience, vocational opportunities, an intensive level of structure and supervision, and individual,

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family and group therapy
Phone Number: (801)625-3700.

Northern Utah Counseling

Northern Utah Counseling in Clinton, UT now offers a day treatment program for children ages 5-12 with severe emotional and/or behavioral disturbances. Treatment is a community and family based program that offers time limited and therapeutically intensive clinical services.

Phone Number: (801)779-0095

Website: www.nucounseling.com

Residential/Day Treatment:

- There are no residential treatment programs in Weber or Morgan Counties paid through Medicaid. If a child is a threat to self or others they may be admitted to a psychiatric ward of a hospital until he or she is considered stabilized.
- There are many residential treatment programs for private payment. Medicaid carve-out may apply to qualifying private treatment programs for adopted youth.

Transition to Adult Living

DCFS Transition to Adult Living

The goals of Transition to Adult living is to provide youth assistance in transitioning from foster care to adult living through a private/public network of support, in order to promote their success. This assistance includes assessment, mentoring, self-esteem building, personal future planning, caregiver and family networking, basic life-skills training, housing, leisure skills, education, employment, on-the-job training, information and referral, crisis support, medical, mental health and limited financial assistance.

Phone Number: Jennifer Larson
(801)707-9734

Website:

<http://dcfs.utah.gov/services/transition-to-adult-living/> or <http://justforyouth.utah.gov/>

Educational Supports

Utah State Office of Education Educational Equity Section

Educational Equity is a federally mandated monitoring office for the K-12 public school that monitors civil rights compliance in accordance with the U.S. Department of Education and the Office for Civil Rights regulations which prohibits: discrimination on the basis of race, color, national origin, sex discrimination, disability, age or religion, discrimination on the specific basis of sex discrimination, discrimination on the basis of disability in any program or activity receiving federal financial assistance, equal employment opportunity and fair employment practices

-They also provide help and information on Anti-bullying, MESA program, poverty, cultural festivals, etc.

Contact: Richard Gomez, Coordinator

Phone Number: (801) 538-7643

Website:

<http://schools.utah.gov/equity/Contact-Ut.aspx>

Utah Parent Center

The Utah Parent Center is a non-profit organization that provides training, information, referral and assistance to parents of children and youth with ALL disabilities including: physical, mental, hearing, vision, learning, behavioral and emotional disabilities.

Phone Number: (801)272-1051

Spanish-Phone Number: (801)272-1067

Website: <http://www.utahparentcenter.org/>

Ogden-Weber Community Action Partnership, Inc.

Ogden-Weber Community Action Partnership, Inc. is a comprehensive child development program designed to meet the educational, emotional, social, and health needs of children and families.. Parents can have a break while the child is at school. Age range for children has to be between 0-4 years.

Phone Number: (801)399-9281

Learning Disabilities Association of Utah

Learning Disabilities Association of Utah is a volunteer organization committed to a world

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where people with learning disabilities are valued, respected and successful. They have a website with many helpful suggestions for helping children and adults with learning disabilities.

Phone Number: 1-801-553-9156

Website: <http://www.ldau.org/>

Tutoring Resources

WyzAnt

WyzAnt tutors are screened, tested and guaranteed. Search over 64,000 tutors in 250+ subjects.

Website: www.wyzant.com

Search and Reunion

- Utah law permits adult adoptees the right to obtain non-identifying, detailed genetic and social history with regard to their biological family.

The Utah Office of Vital Records

The Utah Office of Vital Records is responsible for registering all vital events which occur in Utah (birth, death, marriage and divorce.) Using SILVER, you may access information and instructions for ordering certified copies of these events.

-There is a "Mutual Consent Voluntary Adoption Registry" that is available to adult adoptees (21 years or older) who were born in Utah, their biological brothers and sisters, and their birth parents. If both the adult adoptee and an adult member of the biological family register, then identifying information will be released to both parties. *There is a \$25 fee.

Phone Number: (801) 538-6105 or

Contact: Carolyn Woodward-Adoption Specialist at (801) 538-6363

Website:

<https://silver.health.utah.gov/index.html>

International Soundex Birth Registry

The International Soundex Birth Registry is a non-profit organization that has helped many

people are searching for their birth families or adopted (adult) children. This agency serves the needs of family members who have been separated from each other by adoption, divorce, foster care, institutional care, abandonment, crisis, etc. When a registration is received, the form is scanned and information indexed on computer. If data matches, and the ISRR volunteers determine a relationship exists, both parties will be notified immediately.

*This service is free of charge.

Phone Number: 888-886-4777

Website: <http://www.isrr.org>

Adoption through DCFS

If the adopted person had been in Utah's state foster care and was adopted through the Department of Child and Family Services, the DCFS region from which the child was adopted may be able to help.

*DCFS post-adoption workers are listed below:

Northern Region:

Jeanna O'Connor:

(801)395-5973

Stephanie Murphy:

(801)776-7404

Salt Lake Region:

Adoption Helpline: (801)300-8135

Western Region:

Jeannie Warner: (801)787-8814

Megan Hess: (801)921-3820

Southwest Region:

Richfield/South-Angie Morrill:

(435)896-1263

Cedar City- Gordon Gunn: (435)652-2994

St. George- Gwen Fund: (435)668-1852

Eastern Region:

Price/Castledale-Greg Daniels:

(435)636-2367

Vernal/Roosevelt-Fred Butterfield:

(435)722-6445

Moab/Blanding- Katie Eperling:

(435)678-1491

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There may be other orthodontists in your area who accept Medicaid but they need to send the initial impressions to Medicaid and obtain preauthorization. If your current orthodontist is not a Medicaid provide, you can ask him/her if they are willing to provide the services and accept the Medicaid rate for your child. If Medicaid denies coverage, there are no additional state funds to cover orthodontia.
Phone number: (801)474-9552

Orthodontia

Utah Orthodontic Care

You can call Utah Orthodontic Care and make an appointment for an assessment. Utah Orthodontic Care will take the initial impressions and send them to Medicaid for preauthorization.