

ADOPTIVE PARENTS, DOES YOUR CHILD HAVE ANY PROBLEMS WITH:



If your child has any of the symptoms listed above and the birth mother used drugs or alcohol, your child may have **FETAL ALCOHOL SPECTRUM DISORDER - FASD**

MYTHS ABOUT FASD

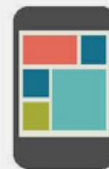


RESOURCES

For quick video overviews to understand FASD watch the following:



- Eileen Bisgard, JD <https://www.adoptex.org/online-learning-center>
- Nate Sheets - Oregon Behavior Consultation <https://www.youtube.com/channel/UCQ6qbxMCZ-vgC9tG7LokNw>
- Eight Magic Keys - FASD Young Adults Talk https://www.cde.state.co.us/cdesped/fasd_pd
- Dan Dubovsky <https://www.youtube.com/watch?v=vPDCRGgmmEw>
- NOFAS - National Organization Fetal Alcohol Syndrome <https://www.youtube.com/watch?v=zj4F6qlsedo>
- www.nofas.org
- NOFAS Youtube channel, Morgan Fawcett, Jasmine Suarez, Stephen DeJoseph



- Utah's Adoption Connection - Drug Exposure Webpage www.utahadopt.org/support-resources/adoptive-family-resource-library/drug-exposure
- Facebook Support Group
- Utah FASD Support Group
- Utah Fetal Alcohol Coalition www.utahfetalalcohol.org

The vast majority of children in foster care have FASD
The National Institute of Health estimates that 50-70% of children in foster care have FASD. May *et al.*, research found almost five percent of children in the general population or 1 in 20 children are on the spectrum.

MUST READS

- Trying Differently Rather Than Harder, The Way I am Different: The Explosive Child,* by Diane Malbin, MSW
- by Helen Simpson
- by Ross W Greene, PhD

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