

# UTAH'S ADOPTION CONNECTION

CHILD AND FAMILY SERVICES

MAY 2006



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CHILD AND FAMILY SERVICES

QUARTERLY DCFS NEWSLETTER



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May 2006  
Kathy Searle, Editor  
Lindsay Kaeding, Design Director

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# NEVER FORGOTTEN

MY HEART HURTS  
CAN I DO THIS AGAIN?  
WILL I GIVE MY ALL,  
CAN I LOVE ANOTHER?  
NO SHOES, NO SHIRT  
BRUISES AND WELTS.  
"I WANT MY MA MA."  
OH, AGAIN?  
A NEED TO LOVE  
"JUST FOR THE WEEKEND"  
YES, AGAIN.  
WASH DIRTY FACES, CALM NIGHTMARES,  
SHOES FOR BARE FEET  
"YES, I MAKE MEAT LOAF WITH MEAT."  
AGAIN, AND AGAIN.  
TEACHING ABC'S AND 123'S  
TEACHING TO HUG  
TO LOVE AND TO FEEL SAFE.  
I WILL OPEN MY HEART, I WILL OPEN MY DOOR  
HURT AND HAPPINESS  
LOVE AND STRESS.  
ONE DAY THERE WILL BE A LOVE  
THAT WILL MAKE OUR FAMILY BE THREE.  
TO LOVE TO TEACH AND TO  
SHARE OUR LIFE ETERNALLY.  
WE WILL DO IT AGAIN,  
THO WE BE THREE, FOUR, FIVE OR SIX,  
WE WILL NEVER FORGET THOSE THAT WERE FIRST.  
FOREVER HOLDING THAT SPECIAL PLACE  
DEEP DOWN IN OUR HEARTS.

-WRITTEN BY FORMER FOSTER PARENT  
NOW ADOPTIVE PARENT OF FOUR

**PAULA SWENSON HIGGINS**

# Being Adopted from Foster Care

By Tanisha with Susan Egbert



I'm ten years old and I've been in foster care for six or seven years. When I think about being in foster care, I think about losses, moving, and changing schools.

## Losses

### Birth Family

I have had a lot of losses since I was really little and I went to my first foster home. I lost everyone in my birth family except for my sister. I lost my mom, my aunt, my cousins, my dad, my sisters, my brothers, and my grandparents. Since I've been in foster care, I've only seen my mom once when we ran into her at her work in Kansas. I was 7 or 8. I saw my Aunt Tracy once when my caseworker took me to her house. Losing my family felt confusing because I was little. I don't know how it feels now cause I try to block it out of my mind. Now my sister who I've always been with isn't with me anymore. So that means I'm alone without anyone in my birth family now.

### Foster Families

I have also lost a lot of foster families. My first foster mom was Mrs. B. She was really mean and I was happy to leave her house. Out of nine families, the other ones I remember are my parents Rhonda and Larry, Mike and Connie, Miss G., and Cindy; and my foster sisters Kim, Marilee, Christina, Christine, Jarinda, and three more whose names I can't remember. The only foster brother's name I can remember is Steve, but I had a lot of other brothers who were all teenagers. I felt lonely when I lost some of these foster families. Sometimes losing families made it harder for me to connect with the next family.

### Belongings

Moving a lot has made it hard for me to keep track of my belongings. Some of the belongings I've lost are my favorite pair of sunglasses, some shoes, clothes, some of my games, and other stuff I don't remember. When I moved to Utah to be adopted I brought a lot of stuff but I also left a lot behind. My stuff all fit in and on the car and my Dad tied the suitcases on the trunk so tight that it made a dent. Every time I see the dent I think of when I came to Utah a year and six days ago.

### Friends

Every time I changed families, I also had to change friends. Some of the friends I've lost are: Malia, Alisa, Tanisha, Grace, Cal-

lie, Courtney, Cory, Kendall, Luke, Jake, Skyler, Brett, Yaisha, Autumn, Katie, Darby, Veronica and some more whose names I can't remember. I knew these friends in my neighborhoods, schools, and cheerleading squad. Sometimes I talk on the phone to Grace, Veronica, and Callie, because I kept a phone directory from one of my schools. Losing friends made it harder for me to connect with the next friends cause I thought that if I connected with them I'd just move again. But I like having friends, so I try to keep them and make new ones at the same time.

### Schools

I changed schools every single time I moved. Changing schools was another loss. I lost my teachers, my friends, principals, and being comfortable in a place I knew. I'll write a lot more about what school has been like for me in foster care later.

### Memories

I'm sure I've made a lot of memories before I was in foster care and since I've been in foster care but they're lost so I can't tell you about them. I don't remember the day I came into foster care—it was August, June, or May—or my first day of school, or losing my first tooth, or learning how to walk or talk. I have three pictures of me before I came into foster care. One was me and two of my sisters. We were bending over with our arms around each other. Another is with me and my sister and my mom sitting on the steps. The third one is just me. I do remember my mom was big and she had short black hair but my other memories of her are lost. The memories I have been able to keep have been the ones people have told me about what I did, like I went to World of Fun and Oceans of Fun with my aunt and my cousins. I remember every week we would go down to a different part of Kansas where my cousins and other aunt lived, and we'd always play at the park. One of my foster moms took four pictures of me when I was 7 and 8, and I still have those pictures. Now, my mom takes a lot of pictures of me whenever she feels like it so I can keep the memories I've been making in Utah.

## Schools

### Being Different

School is different when you are in foster care. Sometimes I feel different, like left out because it feels like what I've gone through has only happened to me. Every time I go to a new school people ask me why did I move. And I tell them how many foster homes

I've been in and why I move from home to home. I either just say, "I had to move to a different home" or I tell some of the friends I make about my past. When they ask why I moved from a different state, I say "because I'm going to get adopted", or "because someone else wants me".

Every time I move to a new school, it's different, especially with race. Sometimes there are people my race but most of the time there aren't any. There's hardly ever even any Polynesians or Hispanics. Being the only African American makes me stand out even more and makes me feel even more different.

### Sharing My Story

When I tell some of my friends my story, they tell other people who are kind of my friends because they know who I hang out with. My story spreads because more kids keep telling more kids. Kids seem to think it's interesting. Sometimes it's easier when the story spreads because I have to tell less people.

### Making Friends

I think being in foster care makes it harder to make friends because some people may think I'm a freak or that I'm weird. Kids who have kind of had hard lives seem more willing to be my friend. One of my friends at my school now lives with her Grandma and has been there forever cause nobody else wants her. Another friend has been in foster care and he got adopted.

### Getting Along with Teachers

I think having new teachers all the time is weird because some of them treat me different than the last one. My nicest teacher was the youngest I ever had. She was patient and she liked me a lot. Knowing she liked me made me feel happy and made me do good in school. When I think the teacher doesn't like me, I can't focus and I don't do as well. My meanest teacher did some things to leave me out. Like assigning people into groups and leaving me sitting at my desk. I was the only one without a group. It made me feel mad and sad and I was mean to her for the rest of the day. I wanted to get back at her so I did my work but I kept talking even though we weren't supposed to.

Every school is also different with where you go to lunch and where the classrooms are. Sometimes I have even gotten lost trying to find the bathrooms.

I think I've been to nine foster homes and nine schools.

There's nothing I like about having to change schools so many times.

## Moving

I have done a lot of moving since I've been in foster care. Being told you are moving can be good and it can be scary because you don't know what the other family lives like. Moving day is tiring. I had to pack up all my stuff, bring it outside and put it in a trunk. When I got to the new house I would have to unpack it, clean my room, then just sit in my room or on the couch and not talk because I didn't know anybody. Some advice I have for caseworkers and parents when a kid has to move is to tell them what the new family is like so they can be comfortable. New families can come visit kids before they move and tell them about their family: like where they live, what kind of music they like, if they have any kids, what the other family members are like—like grandpas and grandmas and stuff, what their room will look like, and what the rules will be.

### Being Adopted

When I was 7 or 8 my foster mom, Cindy, told me I was going to be adopted by the Henries. That was the first time I thought about what adoption meant. I thought, "I'm going to have to move, and live with a family that will keep me. Not just for a few months or even years, but until I'm grown." The first time I met the Henries was in Kansas at McDonald's. I thought, "Cool, I get to meet my adoptive parents." At McDonald's we ate and talked. We talked about what we liked—our favorite colors, favorite music, and favorite things to do. Two days later, I saw them again at a hotel where they were staying while they were in Kansas. At the hotel, we swam and ate candy. Then we went out to dinner. Two more days later we went to KC Masterpiece for dinner, then I went back to Cindy's and my parents went back to Utah.

A month later, the Henries came again and we went to Utah. It took 17 hours. We stopped at McDonald's again but I couldn't eat because my stomach hurt. I was really quiet in the car (unless they were talking about music). I kept asking to listen to the song "1985" over and over again because it's one of my favorite songs.

I hope my adoption is finalized very soon. Then I will be done with the foster care system. My last name will change. I'm not so sure about that, but I think I'll get used to it. What I am sure about is that I'll have a real family.

## Daniel is Waiting...



Playing the trombone in the school band is one of 12 year old Daniel's favorite things to do. He also enjoys watching movies and spending time with his foster family.

Daniel does well in school and is very responsible when it comes to getting his school work done. He attends special education classes where he receives exceptional grades.

He likes to debate about all subjects and is very passionate when it comes to what he thinks. He is currently in individual therapy once a week.

Daniel's caseworker feels that he would fit well in any type of family. Any home that can provide Daniel with the love and structure that he desires is urged to inquire. All families must have an approved homestudy at the time of their inquiry.

Financial assistance for medical care, adoption and therapy may be available.

# STATE ADOPTION ASSISTANCE CONTACTS

## WHO TO ASK THOSE TOUGH QUESTIONS OF...

Most families who adopt through Utah’s Division of Child and Family Services (DCFS) receive adoption assistance. The assistance agreement consists of three parts, the Medicaid card, monthly subsidy and the one time non-recurring assistance. These supports are provided by the Division to assist families who adopt children in the custody of the state that have special needs.

Contracts are negotiated for three years; amendments can be made during this time if it is felt that the needs of the child have change. Each family should receive an annual letter that identifies that the child is still legally and financially responsible for the child and gives you an opportunity to contact DCFS. Throughout the time that a child is in your home you may experience no problems at all or extreme problems. Many times we don’t pay attention to information that we don’t currently need. Because situations change we thought that it might be helpful to provide names and numbers for DCFS staff across the state that assist with adoption assistance.

The phone numbers listed below are for the regional adoption assistance teams. If you have questions about your assistance please feel free to contact them. Also if you have questions regarding Medicaid please use the phone number printed on the Medicaid card.

<b>NORTHERN REGION</b>	CATHY MILLER	801-776-7439
<b>EASTERN REGION</b>	CODI WHITE	435-781-4250
<b>SOUTH WEST REGION</b>	SUSAN GOODMAN	435-867-2769
<b>SALT LAKE REGION</b>	JENNIE FARR	801-268-5449
<b>WESTERN REGION</b>	JANEL LANGLOIS	801-361-5429

# Call for Student Artists

## Paint the Streets

High school and Junior high students are invited to participate in the Student Chalk Art Contest at the 4th Annual Chalk Art Festival presented by the Utah Foster Care Foundation. The Foundation is a non-profit organization that recruits, trains and supports foster/adoptive families statewide. This event helps to increase community awareness of the need for foster/adoptive families for children in Utah. Most importantly, the proceeds raised through sponsorships of art squares provide needed services and resources to children in foster care and the families that care for them.



- Location: The Gateway
- Dates: Friday, June 16th and Saturday, June 17th
- Chalking Hours: Friday: 4:00 p.m.-9:00 p.m.  
Saturday: 7:00 a.m.-4:00 p.m.  
Judging begins at 4:00 p.m. sharp
- Cost: Free—Student artists will receive a hat, t-shirt, chalk, art supplies, lunch and snacks on Saturday
- Requirements: Artists must submit a sample for pre-approval and art must be suitable for family viewing
- Deadline: May, 30th 2006

### Participating artists may:

- Enter as an individual artist or as a member of an artist team.
- Attend a free workshop on June 10 with a Master Chalk Artist to learn how to create masterpieces with pavement and pastels.
- Receive prizes that will be awarded in several categories.
- Find individuals or businesses to sponsor art squares at the festival and raise money for children in foster care. (Artists are not required to secure sponsorships to participate.)

### Let's get Started:

For more details, call (877) 505-KIDS or go to [www.utahfostercare.org](http://www.utahfostercare.org) and download the registration form.



# announcements

## utah adoption council conference 2006

**May 18th and 19th  
Southtowne Expo Center.**

**Guest Speaker: Brenda McCreight**

For more information about the conference and to download a brochure go to:

**[www.utahadoptioncouncil.org](http://www.utahadoptioncouncil.org)**

or call

**1-866-872-7212**

## family links conference

**Murray High School - 5440 South State Street, Murray  
Friday, June 16, 2006; 4:00 – 7:00 p.m.**

Non-profit organizations: \$20 – includes exhibitor space only.  
Commercial organizations: \$40 – includes exhibitor space only.  
Additional people will cost \$15 each.

Organizations are invited to display information and wares on Saturday, June 17 for an additional fee. The cost will be \$25 for non-profit organizations and \$40 for commercial organizations. Please be aware that if you decide to participate on Saturday, attendees WILL NOT be given specific time to wander the exhibits. They will each have 15 minute breaks between sessions and may visit your tables during lunch. The fees for Saturday will cover: your table rental, breakfast, and one lunch.

**For more information about the Family Links Conference, or other events visit  
The Parent Center at [www.utahparentcenter.org](http://www.utahparentcenter.org).**



## heart gallery summer locations

### april

The Grand Center  
182 No. 500 W.  
Moab

Contact Person: Verline Striblin  
Phone: 435-259-6623

### june

Rosenbruch World Wild Life Museum  
1835 Convention Center Dr.  
St. George

Contact Person: Angie Rosenbruch-Hammer  
Phone: 435-986-6697

### may

Park City Library  
1255 Park Avenue  
Park City

Contact Person: Linda Tilton  
Phone: 435-615-5600

### july

North Logan Library  
425 E. 2500 N.  
No. Logan

Contact Person: Sue Randleman

## wendys golf challenge 2006

May 24, 2006

at The Ranches Golf Club in Eagle Mountain

For more information or to sign-up visit [www.utdcfsadopt.org](http://www.utdcfsadopt.org) or contact  
Jeannie at The Adoption Exchange at 801-265-0444.

## utahs adoption connection

If you would like to  
submit an article, poem or story to be  
published in Utah's Adoption Connection, please send your  
submittal along with your contact information to The Adoption  
Exchange or contact Lindsay at 801.265.0444.



# Family Helper

By: Brenda McCreight

I have been a child and family therapist for twenty five years (when did I get that old?). In my therapeutic and coaching practice, I work with adoptive and foster parents to help them develop strategies for managing children with the challenging behaviours that are associated with attachment trauma, FASD, ADHD, anger management, and simply learning how to belong to a loving family. In British Columbia, all adoptions must be done through either the government services, or through a licensed B.C. agency and so the families I work with have adopted through the government adoption services which only place waiting children from the B.C. foster care system; and I work with those who have adopted through licensed agencies which facilitate international adoptions of infants, toddlers, and children from foreign orphanages or from the foster care system in the U.S.

It never ceases to amaze me how, once the decision has been made to adopt domestically, people start to creep out of the woodwork with tales of horror and woe about children adopted from the public system. Suddenly everyone can tell you a story about some child from \_\_\_\_\_ (fill in the blank, although it's usually some southern U.S. state), who terrorized his adoptive parents and ruined their lives. I even had a hair dresser start to tell me how his adopted nephews tried to kill their mother, and he was telling the story while cutting my daughter's hair! Most children who are adopted

from the public system are not newborns by the time they are placed. They will have had many significant life problems to deal with long before their first birthday. Each and every day that they were ignored, or hurt, or left to feel abandoned, will have caused a degree of damage that the adoptive parents will have to heal. And it's true that the process of healing takes time and energy and resources that the adoptive parent may not have anticipated. But, is that enough to forgo the experience?

Recently, I have been hearing people say "Adoption isn't for the faint of heart". I take umbrage with that (I am not sure what umbrage is, but it is such a great sounding word that I am sure I would take it if I knew the meaning). Let's face it, life isn't for the faint of heart. Even those who have not adopted challenging children have tough times in their lives (look at poor Britney Spears, all that money and she still can't find clothes that fit!). So, I think we should stop moaning about how tough it is to raise challenging children, and start focusing on how lucky we are to have them. I know...if you are in the middle of a crisis right now, it will be hard to think how this could be called luck. Well, stand back a minute and look at your life again. This child, rages and all, has given you the opportunity to be a parent, and that is what you wanted. He has also given you the opportunity to learn new ways of talking and listening, new ways of relating, new ways to value your relationships, and maybe some new friends (okay, so the

police officer that caught him stealing last Thursday isn't a friend yet, but trust me, a couple of years from now he will be your best buddy). Your child has moved you from complacency to valuing every moment that is good in your life; and, from smugness to humility.

Our children start off in our families with some real issues. The hardest for many is that they have to do all their learning about how to be a child and how to belong to a family in their growing up years, instead of in infancy when they were supposed to. That means the adoptive family is going to go through stages where the "tough" part overwhelms the "rewards" part. So, what are some simple strategies to help you hang in there till the rewarding times start to overtake the tough times (yes, they will). Well, after being a therapist for twenty-five years, and an adoptive parent for twenty-four years, here's what I think it comes down to:

Focus on changing yourself, not the child. He is just who he is, tantrums, lying, and all. You are the functional, intelligent adult, and you have the ability to learn new ways of parenting. Once you have done that, he will be able to learn new ways of being a child.

Live your life as if the problems (remember, I said the problems, not the child) didn't exist. Don't focus every day, and every decision, on Junior. Because, as we all know, Junior is going to come out of this just fine eventually, and there is no point putting your life on a shelf for two years, or getting divorced, while he sets a new standard for 'attitude'.

Get enough sleep at least four times a week. If you have to, take shifts, or once in a while hire a babysitter while you nap.

Get an updated psychological assessment (on the child, not you) as well as blood tests and allergy tests. It may be "older child adoption issues", or it may be that Junior was never properly assessed for his needs as a younger child. Psychology is an ever changing field, and problems that were not well understood when you adopted Junior may be more easily addressed now.

Learn and use conflict resolution skills. Formal conflict reso-

lution skills really work. They won't change Junior, but they will change how you engage in the argument and how you feel about yourself afterward.

Find a way to enjoy at least an hour with Junior once a week, once a day if possible (but if that was possible, you wouldn't be reading this article). Take him out for a fast food lunch and just let him talk on, and on, and on....without benefit of your advice or opinion (I bet your parents did that with you). It won't change anything, and it might raise your blood pressure, but it will help you to know him in the present, and to give you something good to think about when you are lying awake worrying about the meeting with his teacher tomorrow.

Find a hobby or interest that makes you feel good. Take a couple of hours a week to focus on you, not on Junior. Let the rest of the children have a 'normal' family life. Take vacations without Junior so that the siblings still get to have a childhood. Don't miss their soccer games just because Junior came home stoned, he's only going to sleep anyway, so leave the argument till later and go cheer the one who is still behaving.

Believe in your child and your family. Your belief that your family can make it and that Junior will be okay again, someday, are often all that our children have as a guiding light to that destination. They want to get there too, despite what it looks like now.

Remind yourself that this will pass. As someone once said, "Everything works out in the end, and if it hasn't worked out, then it isn't the end." Twelve year olds are in process, they are not finished. Neither are you!

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For more information on this topic and other adoption issues, visit the Family Helper website at:  
<http://www.familyhelper.net/>

## Cassie is Waiting...

Cassie, age 12, has a bubbly personality and enjoys being around people. She makes friends easily. She has recently become interested in playing the piano and learning to ice skate.

Cassie is very smart and is now performing at grade level; she sometimes resists doing her homework but does well with a little encouragement.

In order to be successful Cassie will require a family with a lot of patience. They will need to give her plenty of time to attach and be able to give unconditional love and attention. All families must have an approved homestudy at the time of inquiring.

Financial assistance for medical care, therapy, and adoption expenses may be available.



# Boondocks

## FAMILY DAY

COME SUPPORT **THE ADOPTION EXCHANGE** AND SAVE UP TO 35% ON ALL DAY UNLIMITED PASSES FOR THE FAMILY.

**MAY 20TH, 2006**  
10:00 AM-7:00 PM

**\$ 17.00**

\$20.00 AT THE DOOR

UNLIMITED FUN PASS  
60" AND OVER  
REGULAR PRICE \$24.75

**\$ 13.00**

\$15.00 AT THE DOOR

UNLIMITED FUN PASS  
60" AND UNDER  
REGULAR PRICE \$16.75

**PRIZE DRAWING TICKETS ENCLOSED AND AVAILABLE THE DAY OF THE EVENT**  
(YOU NEED NOT BE PRESENT TO WIN)

INCLUDES GO-KARTS, ROOKIE GO-KARTS, SLICK TRACK, TOCK WALL, BUMPER BOATS,  
MINIATURE GOLF, LASER TAG, AND KIDDIE COVE  
10 ARCADE TOKENS FOR GUESTS 60" AND TALLER  
20 ARCADE TOKENS FOR GUESTS UNDER 60"  
SOME HEIGHT RESTRICTIONS REQUIRED ON SOME ATTRACTIONS

### ORDERING IS EASY!

TO ORDER YOUR TICKETS USE ANY OF THE THREE STEPS BELOW:

1. CALL: (801) 265-0444
2. FAX THIS COMPLETED ORDER FORM TO (801) 265-0834
3. MAIL THIS COMPLETED ORDER FORM TO:  
THE ADOPTION EXCHANGE  
302 W. 5400 S. SUITE 208  
MURRAY, UT 84107

YOUR TICKETS WILL BE MAILED OUT TO YOU PRIOR TO THE EVENT.

(IF SUBMITTED TWO DAYS BEFORE EVENT, TICKETS CAN BE PICKED UP AT WILL CALL THE DAY OF.)

CONTACT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

### PLEASE SEND ME THE FOLLOWING FAMILY DAY TICKETS:

# \_\_\_\_\_ ALL DAY PASS 60" AND ABOVE - \$17.00

# \_\_\_\_\_ ALL DAY PASS UNDER 60" - \$13.00

PAYMENT ENCLOSED  CHECK  CASH  CREDIT CARD

CARD# \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_

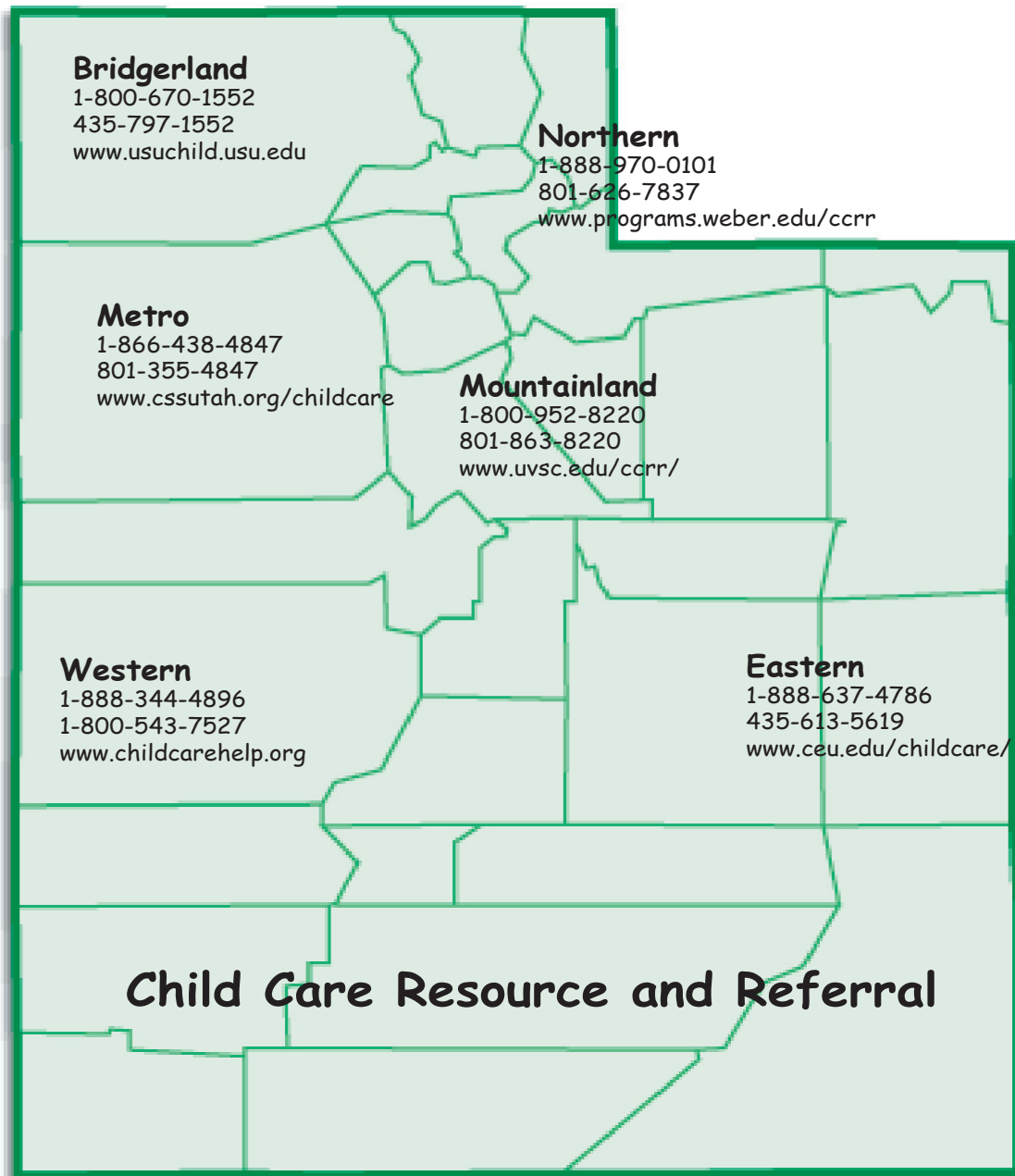
AMOUNT DUE: \$



PROCEEDS FROM THIS EVENT BENEFIT THE ADOPTION EXCHANGE

# Do Your Children Need Something To Do Over The Summer?

If you are looking for something fun for your children to do while they are out of school, contact your local Child Care Resource and Referral agency near you for a copy of their summer activity guide.



**Child Care Resource and Referral Services offer the following services to parents:**

- free referrals for child care, tailored to meet your family's specific child care needs.
  - free information on child care programs in your area.
  - free information on how to choose quality child care.

# The Family Support Center

**The mission of the Family Support Center is to protect children, strengthen families and prevent child abuse.**

In 1977, there was no place in Salt Lake City where children who were at risk for abuse or neglect could receive short term crisis care. In response to this need, the Junior League of Salt Lake City and the Utah Association for Children's Therapy (U-ACT) provided funding, volunteers and Board of Directors representation and the Family Support Center was born.

At a central city site, the Family Support Center provided up to 72 hours of crisis/respice care for children under the age of nine. Other services were also offered to parents to help them deal with the problems that had brought their families to the point of crisis. Within two years FSC moved to its current location at 2020 South Lake Street in Sugar House and began providing a new Family Counseling Program. Parenting education and stress management classes were soon added.

By 1981, the demand for crisis/respice care had increased to the point that a second crisis nursery at 777 W. Center Street in Midvale was opened to serve the south valley area and the program was expanded to include children up to the age of 12. A center for the treatment of children who had been victims of sexual abuse and their families was opened across the street from the Sugar House nursery in 1985. Separate clinical and administrative offices were constructed next to the Midvale Crisis Nursery in 1987.

At the invitation of Utah's Department of Child and Family Services, FSC established a home-based Parent Advocate Program in 1990 to help high-risk families create more stable homes.

Services have expanded over the past 20 years to include prevention outreach to schools, daycare centers, churches and civic organizations. Extensive efforts in reaching out to Salt Lake County's ethnically diverse communities have brought success, most notably through collaboration such as Midvale Community Building Community Initiative. Services and materials are available in Spanish.

**The family support center is offering several classes and services relating to parent education, anger management and other areas.**

- Parent Education Classes (Spanish and English)
- Anger Management Classes
- The Impact of Sexual Abuse Classes
- Divorce Adjustment Classes for Parents and Children
- Adults Molested as Children Groups
- Women's Process Therapy
- Children's Social Skills Group
- Crisis/Respice Child Care
- Counseling/Psychotherapy for Children and their Families
- Home Based Parent Advocates
- Referral Services
- Child Sexual Abuse Treatment
- Adults Molested as Children Treatment
- Resource Library
- Self-Sufficiency and Transitional Housing Project
- In home respice care for adoptive families

**Please contact The Family Support Center at (801) 255-6881 for further information ro visit their website at [www.familysupportcenter.org](http://www.familysupportcenter.org).**

Sugarhouse  
2020 South Lake Street  
Salt Lake City, UT 84105  
(801) 487-7778

Midvale  
777 West Center Street  
Midvale, UT 84047  
(801) 255-6881



# The Family Support Center

777 West Center Street, Midvale  
(801) 255-6881

2020 South Lake Street, Sugarhouse

## Parent Education

Being a parent is the most rewarding and challenging experience someone can have. Join other parents experiencing similar challenges as they learn about childhood development, developing a positive relationship with their child and using non-abusive discipline and behavior management techniques.

Date: **Thursdays 10:30 a.m.-12:00 noon April 6<sup>th</sup>-June 8<sup>th</sup>**  
Location: **777 W. Center Street Midvale**

OR

Date: **Tuesdays 6:00 p.m.-7:30 p.m. April 4<sup>th</sup>-June 6<sup>th</sup>**  
Location: **777 W. Center Street Midvale**

OR

Date: **Tuesdays 10:30 a.m.-12:00 p.m. April 4<sup>th</sup>-June 6<sup>th</sup>**  
Location: **2020 South Lake Street Sugarhouse**

OR

Date: **Thursdays 6:00 p.m.-7:30 p.m. April 6<sup>th</sup>-June 8<sup>th</sup>**  
Location: **2020 South Lake Street Sugarhouse**

Cost: **\$35.00 (Sliding Fee Scale)**

Childcare is provided upon request  
Call 255-6881 to enroll or for information



The Family Support Center is devoted to protecting children, strengthening families and preventing child abuse.



The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status.



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## CALL YOUR POST- ADOPTION SPECIALIST

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### Salt Lake Region:

Vickie Steffey (801) 264-7500

### Western Region:

Louise Brown (801) 376-8594

### Southwest Region:

John Worthington (435) 867-2760

### Eastern Region:

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Steve Shafer (435) 259-3720  
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